

# SYMPOSIUM ON TRIBAL AND RURAL INNOVATION IN HEALTH

September 12, 2025

OSU College of Osteopathic Medicine at the Cherokee Nation

## CME CREDIT ATTESTATION

### How do participants receive CME credits?

1. This course will be held in person at the OSU-COM at the Cherokee Nation on September 12, 2025 from 8:00 a.m. – 5:00 p.m.
2. Upon arrival, you will sign in on the paper sign-in sheets provided at the registration tables and complete the required evaluation, including the number of hours attended.
3. Credits will be available on your certificate and on your transcript.

### To earn your Proper Prescribing credit:

1. Sign-in sheets will be passed around during the session.
2. Proper Prescribing and conference credits will be uploaded to CE Broker for all D.O.s within 5 business days of completing the evaluation.

## RELEVANT DISCLOSURES

Dr. Lewis Mehl-Madrona receives royalties from authored books.

Dr. Sara Coffey receives royalties from authored books.

All relevant financial disclosures have been mitigated.

No other content controllers have any relevant financial relationships to disclose.

## PLANNING COMMITTEE

Natasha Bray, DO  
Program Chair

Ashlei Ashmore, MS  
Committee Member

Dustin Beck, DO  
Committee Member

Ashton Clayborn, DO  
Committee Member

Micah Hartwell, PhD  
Committee Member

Douglas Nolan, DO  
Committee Member

Denna Wheeler, PhD  
Committee Member

Ashley Groom, DHA  
Continuing Medical Education  
Director

Michelle Yoder  
Continuing Medical Education  
Coordinator

## PRESENTATION POWER POINT AVAILABILITY

The PowerPoint presentations can be viewed by logging into your OSU CME account, hovering over or clicking on the My CME button, then selecting Syllabus, then selecting the event. You will see a copy of the agenda with "PDF" displayed next to the speaker's name if that speaker has a corresponding PowerPoint for their presentation.

## WI-FI

Network: CHS\_Guest  
Password: chsguest



COLLEGE OF  
**OSTEOPATHIC MEDICINE**  
at the Cherokee Nation

# SYMPOSIUM ON TRIBAL AND RURAL INNOVATION IN HEALTH

September 12, 2025

8:00–10:00 a.m.	<b>Registration and Breakfast</b>
8:30–10:00 a.m.	<b>Poster Competition &amp; Visit with Exhibitors</b> (No CME credit) OSU-COM CN OMM Lab – Room 1060 & Clinical Skills Lab – Room 2073
10:00–11:00 a.m.	<b>Proper Prescribing: Oklahoma Opioid Prescribing Guidelines</b> Kelly Dunn, MD OSBOE Sponsor: Natasha Bray, DO OSU-COM CN Lecture Hall 1 – Room 1009
11:00 a.m.–12:00 p.m.	<b>Indigenous Roots of Osteopathy</b> Lewis Mehl-Madrona, MD, PhD OSU-COM CN Lecture Hall 1 – Room 1009
12:00–12:30 p.m.	<b>Lunch &amp; Visit with Exhibitors</b>
12:30–1:30 p.m.	<b>Dementia in Native Americans within Cherokee Nation Health Services</b> Jessica Lewandowski, MBA, Catherine Porter, MD OSU-COM CN Lecture Hall 1 – Room 1009
1:30–2:30 p.m.	<b>Meeting Oklahoma’s Child Psychiatry Health Care Needs in Our Rural and other Underserved Communities</b> Sara Coffey, DO, Micah Hartwell, PhD, Amanda Miller Sellers, LMSW OSU-COM CN Lecture Hall 1 – Room 1009
2:30–2:45 p.m.	<b>Break &amp; Visit with Exhibitors</b>
2:45–3:00 p.m.	<b>Announcement of Poster Competition Winners</b> (No CME credit)
3:00–4:00 p.m.	<b>Food as Medicine: From Fringe to Factual</b> Thomas Duffy, DO OSU-COM CN Lecture Hall 1 – Room 1009
4:00–5:00 p.m.	<b>Breaking Barriers: Evidence-Based Approaches to Substance Use Disorder Treatment in Justice-Involved Individuals, Veterans and Marginalized Populations</b> Natasha Bray, D.O., Dallas McCance, MS OSU-COM CN Lecture Hall 1 – Room 1009



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# TOPICS & SPEAKERS

## PROPER PRESCRIBING – OKLAHOMA OPIOID PRESCRIBING GUIDELINES

**Kelly Dunn, MD**

Dr. Kelly Dunn is the Executive Director of Treatment for the National Center for Wellness and Recovery and Section Chief of Addiction Medicine at Oklahoma State University Center for Health Sciences (OSU-CHS), where she also serves as Assistant Clinical Professor of Psychiatry and Behavioral Sciences. Board certified in Psychiatry and Addiction Medicine, she earned her MD with distinction from the University of Oklahoma Health Sciences Center and completed psychiatry residency at the University of Oklahoma School of Community Medicine. At OSU-CHS, she leads statewide initiatives to expand access to addiction treatment, serves as Team Psychiatrist for OSU Athletics, and developed the OSU-COM Resiliency Curriculum. A member of the Oklahoma Attorney General's Opioid Abatement Board and recipient of Oklahoma Magazine's 40 Under 40 honor, Dr. Dunn is a frequent speaker on addiction medicine, wellness, and mental health. Her recent work emphasizes innovative telemedicine models for underserved populations.

## INDIGENOUS ROOTS OF OSTEOPATHY

**Lewis Mehl-Madrone, MD**

Dr. Lewis Mehl-Madrone serves as Executive Director of the Coyote Institute in Orono, Maine, and is a part-time faculty physician with the Family Medicine Residency at Eastern Maine Medical Center and the Acadia Hospital Psychiatric Residency. Board certified in Psychiatry, Family Medicine, and Geriatric Medicine, he earned his MD from Stanford University School of Medicine and completed postdoctoral training in Psychiatry and Family Medicine at the University of Vermont and the University of Wisconsin. Dr. Mehl-Madrone is internationally recognized for his work in narrative medicine, integrative psychiatry, and Indigenous healing practices. A Distinguished Fellow of the American Psychiatric Association, he has authored multiple books and numerous publications on narrative approaches to health. His research and clinical work emphasize mind-body-spirit-environment interactions and culturally grounded care for underserved populations.

## DEMENTIA IN NATIVE AMERICANS WITHIN CHEROKEE NATION HEALTH SERVICES

**Jessica Lewandowski, MBA**

Ms. Jessica Lewandowski currently serves as Chief Administrative Officer for Cherokee Nation Health Services (CNHS), where she leads initiatives focused on patient experience, access to care, and community outreach. She holds a Master of Business Administration with a concentration in Health Care Administration from Northeastern State University and a Bachelor of Business Administration in Marketing and Sports Management from the University of Oklahoma. A Certified Patient Experience Professional (CPXP), she previously served as CNHS's Patient Experience Manager, where she managed the IHS "Addressing Dementia in Indian Country" grant, launched a system-wide customer service training program, and implemented the STARS of SERVICE employee recognition initiative. She is a 2021 Oklahoma NextGen Under 30 honoree and a recipient of the 2023 CNHS STARS of SERVICE Award. Actively engaged in civic leadership, she serves on the Tahlequah Area Chamber of Commerce Board and is a past president of the Rotary Club of Tahlequah & Cherokee County.

**Catherine Porter, MD**

Dr. Catherine Porter is a board-certified neurologist affiliated with the Regional Brain Institute in Tulsa, Oklahoma, and OKC Neurology. She provides comprehensive inpatient, outpatient, and teleneurology services, with clinical outreach to multiple tribal health systems. Dr. Porter earned her M.D. from the University of Oklahoma College of Medicine and completed her neurology residency as Co-Chief Resident at SUNY-Buffalo, following an internal medicine internship at the same institution. Her clinical focus includes stroke care, EEG interpretation, and quality improvement in neurology practice. She previously served at INTEGRIS Neurology, where she led recruitment and productivity initiatives and maintained one of the highest stroke treatment rates in the system. Dr. Porter is a member of the American Academy of Neurology and holds multiple certifications, including NIHSS Stroke Certification and professional training in dementia care. Her recent academic contributions

# TOPICS & SPEAKERS

include research on olfactory receptors in Alzheimer's disease and neurology hand-off protocols.

## **MEETING OKLAHOMA'S CHILD PSYCHIATRY HEALTHCARE NEEDS IN OUR RURAL AND OTHER UNDERSERVED COMMUNITIES**

### **Sara Coffey, DO**

Dr. Sara Coffey is an esteemed child and adolescent psychiatrist currently serving as the Chair of the Department of Psychiatry and Behavioral Sciences at Oklahoma State University Center for Health Sciences. She holds additional roles as the Director of Child and Adolescent Psychiatry and Behavioral Health Medical Director at the Health Access Network. Dr. Coffey earned her Doctor of Osteopathic Medicine degree from Oklahoma State University College of Osteopathic Medicine, followed by a psychiatry residency at the University of Chicago and a fellowship in Child and Adolescent Psychiatry at Cambridge Health Alliance, Harvard Medical School. Her recent research focuses on mental health access and trauma-informed care. Dr. Coffey is also a recipient of the 2024 Leonard Tow Humanism in Medicine Award and has multiple notable publications, including recent studies on food insecurity and mental health in children. Her work continues to shape the landscape of pediatric mental health in Oklahoma and beyond.

### **Micah Hartwell, PhD**

Dr. Micah Hartwell serves as Director of the Office of Medical Student Research at the Oklahoma State University College of Osteopathic Medicine at Cherokee Nation and Clinical Assistant Professor of Biostatistics and Epidemiology at OSU Center for Health Sciences. He holds a PhD in Educational Psychology with an emphasis in research methodology and statistics from Oklahoma State University, where he also earned an MS in Health and Human Performance. Additionally, he holds a graduate certificate in Public Health from the University of Florida. His expertise centers on statistical methods in public health, behavioral health disparities, and medical education research. He is a published expert in epidemiologic methods and health equity and has completed advanced training at Johns Hopkins and the University of Oklahoma.

### **Amanda Miller Sellers, LMSW**

Amanda Miller Sellers, LMSW, is Program Director for the Oklahoma Child and Adolescent Psychiatry Mental Health Access Program at Oklahoma State University Center for Health Sciences, where she also provides grant management support at The BRIDGE Center. She holds a Master of Social Work from the University of Oklahoma and a Bachelor of Social Work from Northeastern State University. A licensed master social worker and certified school counselor, she is also a trained Youth Mental Health First Aid Instructor and holds PREPaRE certification in school crisis prevention and intervention. Her prior roles include Director of School Climate at the Oklahoma State Department of Education and Project Director for multiple federal school climate and mental health initiatives. With extensive leadership in school-based behavioral health and virtual therapy implementation, she also served as a field supervisor for social work students at the University of Oklahoma from 2021 to 2024.

## **FOOD AS MEDICINE: FROM FRINGE TO FACTUAL**

### **Thomas Duffy, DO**

Dr. Thomas Duffy is a Family Medicine physician at Morton Comprehensive Health's East Clinic and serves as Associate Professor of Family Medicine and Urban Medicine at Oklahoma State University College of Osteopathic Medicine. A graduate of OSU-COM, he completed his residency in Family Medicine through the Osteopathic Medical Education Consortium of Oklahoma, where he served as Chief Resident for Wellness and held leadership roles in recruitment and curriculum development. His academic interests include medical education, HIV prevention in primary care, and healthcare systems improvement. Dr. Duffy is a past recipient of the Sander A. Kushner Memorial Award, the Emerging Osteopathic Leader Award, and the Family Medicine Departmental Award. He is actively involved in national osteopathic leadership through the ACOFP and serves on multiple institutional and community advisory boards. He also contributes to public education and physician engagement through podcast production and health outreach initiatives.

# TOPICS & SPEAKERS

## **BREAKING BARRIERS: EVIDENCE-BASED APPROACHES TO SUBSTANCE USE DISORDER TREATMENT IN JUSTICE-INVOLVED INDIVIDUALS, VETERANS AND MARGINALIZED POPULATIONS**

### **Dallas McCance, MS**

Dallas McCance, MPS, serves as Director of Programs for the Center for Rural Health and the National Center for Wellness & Recovery at Oklahoma State University Center for Health Sciences. With a Master of Science in Prevention Science from the University of Oklahoma, Ms. McCance leads statewide initiatives addressing substance use disorders and health equity, including multiple federally funded programs targeting opioid and psychostimulant misuse. She is a certified facilitator in evidence-based family and addiction programs and an active mentor to graduate students and public health trainees. An invited speaker at national conferences, her presentations emphasize innovative, community-based approaches to improving outcomes for rural and underserved populations.

### **Natasha Bray, DO**

Dr. Natasha Bray is an accomplished physician and educator specializing in Internal Medicine and Addiction Medicine. She currently serves as Campus Dean of the Oklahoma State University College of Osteopathic Medicine at the Cherokee Nation, where she also holds a Clinical Professorship in Rural Health. Dr. Bray earned her Doctor of Osteopathic Medicine from Oklahoma State University and completed her Internal Medicine residency at the Cambridge Health Alliance, a Harvard-affiliated hospital, followed by a fellowship in Health Policy with the American Osteopathic Association. She is board-certified in Internal Medicine, Addiction Medicine, and Osteopathic Medicine and is a Fellow of the American College of Physicians and the American College of Osteopathic Internists. Dr. Bray has received numerous accolades, including the 2022 AOF Educator of the Year Award. Her recent publications explore health equity, addiction medicine, and osteopathic education. Dr. Bray is a passionate advocate for rural and tribal health education and workforce development.

# SAVE THE DATE

## 2025 VIRTUAL PRIMARY CARE UPDATE

November 4–December 4, 2025

[osu.cloud-cme.com](https://osu.cloud-cme.com) | Work at your own pace!

See website for more information.

## AI IN MEDICINE: CLINICAL INTEGRATION, INNOVATION AND THE FUTURE OF PATIENT CARE

February 3–March 31, 2026

More information to come.

Check in periodically with [osu.cloud-cme.com](https://osu.cloud-cme.com) and/or watch for emails on updates for additional conferences being added to the schedule!

# ONLINE CME

Get immediate access to AOA Category 1 and AMA PRA Category 1 credits.

Courses accessible 24 hours a day.

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1. Log in to [osu.cloud-cme.com](https://osu.cloud-cme.com).
2. Browse Enduring Credits.
3. Purchase online courses.
4. Get immediate access to the course.



# ACCREDITATION INFORMATION

## CONFERENCE OBJECTIVE

The conference goals are to examine the long-standing health care disparities and inequities that continue to face individuals who live in rural and/or indigenous communities.

At the conclusion of this activity, learners will be able to:

1. Understand long-standing health care disparities and inequities that continue to face individuals who are American Indian/Alaskan native or live in rural communities.
2. Explore systemic inequities, economic disadvantages, and environmental exposures that prevent individuals and their communities from achieving optimal health, leading to differences in health outcomes.
3. Understand the role of patient and community perspective, values and resources in the delivery of high quality health care.

## AOA

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of 6 AOA Category 1-A credit(s) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

## OSTEOPATHIC SPECIALTY CREDITS

This conference is eligible for 1 Internal Medicine (AOBIM) specialty credit and 2 Preventive Medicine (AOBPM).

## AMA CREDITS

The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Oklahoma State University Center for Health Sciences College of Osteopathic Medicine designates this live course for a maximum of 6 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## OKLAHOMA STATE BOARD OF PHARMACY

This program has been submitted for approval.

## OKLAHOMA STATE BOARD OF LICENSED SOCIAL WORKERS

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education (20241999) is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

## OKLAHOMA STATE BOARD OF EXAMINERS OF PSYCHOLOGISTS

Oklahoma State University is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).



# ACCREDITATION INFORMATION

## PROPER PRESCRIBING CREDIT

### OKLAHOMA STATE BOARD OF OSTEOPATHIC EXAMINERS (OSTEOPATHIC PHYSICIANS)

This program meets the requirements for approval of (1) hour of CME credit by the Oklahoma State Board of Osteopathic Examiners.

### OKLAHOMA STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION (ALLOPATHIC PHYSICIANS AND PHYSICIAN ASSISTANTS)

This educational activity meets the Oklahoma State Board of Medical Licensure & Supervision annual licensure renewal requirement for 1 hour of education in pain management or 1 hour of education in opioid use or addiction.

## MATE ACT - DEA

The lectures, “Proper Prescribing: Oklahoma Opioid Prescribing Guidelines” and “Breaking Barriers: Evidence-Based Approaches to Substance Use Disorder Treatment in Justice-Involved Individuals, Veterans and Marginalized Populations” meet the new Medication Access and Training Expansion (MATE) Act requirements from the Drug Enforcement Administration (DEA) for training on substance use disorders. Providers planning to receive or renew their DEA registration can earn 2 hours towards their 8 hour MATE requirement by participating.

## OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran’s status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

## PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program’s compliance with the AOA Uniform Guidelines, please contact Ashley Groom, DHA, Director of Continuing Medical Education For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

**American Osteopathic Association:  
Council on Continuing Medical Education  
142 E. Ontario St., Chicago, IL 60611  
(800) 621-1773**



**CONTINUING MEDICAL EDUCATION**  
OSU Center for Health Sciences